

Scaffolding conversation map

This is an example of a practice you can use in order to enhance transformative learning.

Guide to facilitate progressive movement across the proximal zone of learning

- scaffolding the zone between what is known and familiar and what is possible to know and do.

Interview:

In your teaching/training practice, there are many things that you are satisfied with – and then there is perhaps also something that could work better, something that surprises you, something you would like to achieve a new perspective on. Select one of these so-called "interference" ...

- 1. Naming** – definition of a personal particular experience or dilemma (characterization of the event– basic meaning making)
- 2. The effect** of the event or the dilemma: What are the consequences, relationships to other, your own energy and satisfaction, your education, work climate or...?
(Foster the comparison and categorization of the events and the drawing of distinctions with regard to difference and similarity)
- 3. Evaluation the effects of the event** – Your assessment of the situation: how often is this happening? How important is it – in relation to your current situation – and in relation to your own intention/development?
- 4. Justifying the evaluation** – what do you accord value to in life?
What values and ideals are essential for your reviews? What ambitions are important? (Encouraging to form concept and to abstract from the concrete)
- 5. Actions-** what actions would bring you closer to your intention?

Reference: Michael White “Maps of narrative practice” 2007

Witnessing

This is a powerful method to revitalize the individual's experience of personal identity and integrity. You can use this as a dialogue-approach where you share and reflect on dilemmas in daily life.

The four Categories of inquiry

- 1. What have you heard that caught your attention?**
(The focus is on what you believe is of most value to the person)
- 2. What images, associations come to your mind as you listened to the story?**
(Certain metaphors, mental pictures or a “sense” you derive from the person’s life and identity. Here you can speculate about what these metaphors might reflect about the person’s purposes in life, values, beliefs, hopes, aspirations, dreams and commitments about what the person intends for her/his life and values.)
- 3. What experiences in your own story come into your memory** (The focus is on personal resonance- why you are drawn to these expressions in relation to your personal history.)
- 4. Where have this experience taken you with regard to your own thoughts, understanding of your own life or your perspectives on life in generally?**
(The focus will be on transport – in which way have you been moved on account of being present to witness these stories of life –what have you learned?)